

# Peach Pops



## Ingredients:

- 3 cups of peaches, sliced
- 2 tablespoons lemon juice
- 1/4 cup orange juice
- 2 tablespoons honey
- 1/4 teaspoon vanilla extract

Equipment: Twelve 2 ounce or eight 3-ounce freezer pop molds or plastic cups and 12 frozen treat sticks

## Directions:

1. Place peaches, lemon juice, orange juice and honey into a blender.
3. Blend until smooth. Stir in vanilla.
4. Divide the mixture among twelve 2-ounce or eight 3-ounce freezer-pop molds or cups.
5. Freeze until beginning to set, about 1 hour.
6. Insert frozen-treat sticks and freeze until completely firm, about 1 hour more.

Makes 12 servings in 2-ounce freezer pop molds or cups.

Makes 8 servings in 3-ounce freezer pop molds or cups.



**Tarrant County Public Health**

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