



Tarrant County Voices For Health Advisory Council Meeting Minutes

Eastside YMCA
1500 Sandy Lane, Fort Worth, TX 76112
Wednesday, January 21, 2015 3:10PM – 4:15PM

Present

Yvette M. Wingate, Meeting Facilitator
Suzanne Benites, Strong Families Coalition
Susan Cherry, UTA College of Nursing
Tracie H. Bryant, Tarrant County Public Health
Mary Ann Contreras, JPS Health Network
Resheemah L. Davis, YMCA of Metropolitan Fort Worth
Linda Fulmer, Healthy Tarrant County Collaboration
Neda Moayad, UNTHSC School of Public Health
Heather Pacchetti, Tarrant County Public Health - WIC
Sylvia Rawlings, UTA College of Nursing
Debra Rockmore, YMCA of Metropolitan Fort Worth

Gala Stafford, JPS Health Network
Betsy Slonaker, Tarrant County Public Health

Guests:

Priyanka Praymanik, Strong Families Coalition Intern
Nikia Lawson, Natural Way Birthing Process
Madison McDade, UNTHSC
Wendy Macias, TCU Bob Schieffer College of Communication
Quadir Adenixi, Strong Families Coalition Intern
Dolyn Mayo, Eastside YMCA
One male guest did not sign in

Agenda	Reports and Discussions	Recommendations/ Follow-Up/ Actions
<p>Welcome and Introductions</p>	<ul style="list-style-type: none"> ▪ Hosted by: Resheemah L. Davis, Vice President of Operations/Community Development, YMCA OF METROPOLITAN FORT WORTH; Dolyn Mayo, Eastside YMCA Director ▪ Discussed the "Feeding Our Neighbors" Program <ul style="list-style-type: none"> • Began Summer 2013 in partnership with local church <ul style="list-style-type: none"> ○ Started with 10 kids and ended summer with 80 children ○ Led to a year round program to feed children before they go home to do homework. ○ Started a second site in an apartment complex with 15 kids, now have 65 ○ Community speakers share, they attend college trips and museum tours. • Focus on outreach and food distribution of healthy meals to kids under 18 yrs. old <ul style="list-style-type: none"> ○ Staff goes where they are and visits them at schools as well • Summer teen program <ul style="list-style-type: none"> ○ Learn about gardening, career opportunities in the food industry, healthy living and social responsibility. 	

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<p>Approval of July 23rd Meeting Minutes</p>	<ul style="list-style-type: none"> ▪ Linda Fulmer made a motion to approve. ▪ Susan Cherry seconded the motion. ▪ Group consensus for approval. 	
<p>CHIP Implementation Updates</p>	<p>Brief highlights...</p> <p>A. Priority Area: Partnerships Update - provided by Linda Fulmer</p> <ul style="list-style-type: none"> ▪ Goal #1: Objective 1.1 <ul style="list-style-type: none"> ○ 1.1 – The highlights from the three strategic communication plan proposals developed by TCU Communication students were shared. They can be reviewed on the Priority Area 4: Partnerships webpage. <ul style="list-style-type: none"> • Some recommendations include: Define and identify target audience, improve branding and develop online calendar/monthly newsletter in order to increase awareness • Internship with TCVFH and HTCC was posted in TCU’s Frog Jobs. ▪ Goal #2: Objective 2.1 <ul style="list-style-type: none"> ○ 2.1 – A meeting of community partners came together to review a funding opportunity. After much discussion, the Strong Families Coalition (a 90-member agency to address poverty) was identified as the best organization to apply. <ul style="list-style-type: none"> • BUILD Health – Planning Grant would focus on 76010 <p>B. Priority Area: Environment Update - provided by Yvette M. Wingate</p> <ul style="list-style-type: none"> ▪ Goal #1: Objectives 1.1 and 1.2 <ul style="list-style-type: none"> ○ 1.1 – Still in need of partners... <ul style="list-style-type: none"> • Robert attended a meeting that discussed an EPA Grant that is funding 5 subgrants at \$5,000 to educate students to learn more about the environment. ▪ Goal #2: Objective 2.2 <ul style="list-style-type: none"> ○ 2.2 – Two new cohorts from TCU Harris College of Nursing have begun working on pedestrian safety and establishing a walking program at C.C. Moss Elementary School. 	<p>❖ See attached PowerPoint for more details.</p>

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<p>CHIP Implementation Updates (continued)</p>	<p>C. Priority Area: Education Update - provided by Yvette M. Wingate</p> <ul style="list-style-type: none"> ▪ Goal #2: Objective 2.1 - provided by Jenny Lee <ul style="list-style-type: none"> ○ 2.1 – Jenny is working to identify another African-American church for Lifestyle Wellness Training addressing depression. The training will be provided to Health & Wellness Ministry leaders. ○ Collaborating with a Korean American Research team is looking to assess Asian population. The IRB is in process. ○ An oral health assessment tool regarding lifestyle wellness is being developed. ○ A potential collaboration around underserved refugees and their families. ▪ Goal #3: Objective 3.1 - provided by Yvette M. Wingate <ul style="list-style-type: none"> ○ 3.1 – There have been meetings about how to respond to President Obama’s My Brother’s Keeper Initiative. This led to further discussion by the group around the following existing resources: <ul style="list-style-type: none"> • Male Mentoring Texas Consortium - Founding members visited with President Obama and Vice President Biden. They are currently looking at best practices. There is a chapter at every Tarrant County College (TCC) Campus. TCC is collaborating with Prairie View A&M University. • YMCA’s Reach & Rise Mentoring Program – Addresses mental and social health of kids only in the city of Fort Worth. • Stop Six Initiative at Dunbar High School – Working to establish a coalition of mentoring programs <p>D. Priority Area – Health Care Access Update - provided by Yvette M. Wingate</p> <ul style="list-style-type: none"> ▪ Goal #1: Objective 1.2 <ul style="list-style-type: none"> ○ 1.2 – Group discussed the following community resources: <ul style="list-style-type: none"> • Arlington Public Library’s Literacy Bus – offer computer education • Healthy Moms, Health Babies, Healthy Communities (H3) – efforts to reduce infant mortality • Smart Steps Diabetes Class – FREE • Healthy Start Program at UNTHSC – FREE and available to all women pregnant and child-bearing age 	<ul style="list-style-type: none"> ❖ To get involved, contact Jenny Lee. ❖ To get involved, contact Robert Munoz. ❖ To get involved, contact Debra Rockmore. ❖ To get involved, contact Marcy Paul. ❖ For more information, contact Gala Stafford. ❖ For more information, contact Misty Wilder.

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Homework Assignments	<ul style="list-style-type: none"> ▪ Review areas that are need of partners and decide if that’s where you fit in and/or recruit other partners to be a part of the CHIP. 	
Announcements	<ul style="list-style-type: none"> ▪ Tarrant Cares – One-stop source for the community; please review information to see if current. ▪ 2015 African-American Health Expo – Saturday, March 28 from 9:30pm – 2:00pm at Forest Hill Convention Center, 6901 Wichita St, Fort Worth, TX 76140. ▪ YMCA of Metropolitan Fort Worth Reach & Rise Mentoring Program – Interns needed who want to work with students. ▪ Natural Way Birthing Process – For individuals who want to facilitate their own birthing process. It is a maternal and infant program covering breastfeeding and child birth. ▪ Healthcare Events – regarding rural health 	<ul style="list-style-type: none"> ❖ Send information to be uploaded to Ann Salyer-Caldwell. ❖ To get involved, contact Debra Rockmore. ❖ For more information, contact Nikia Lawson. ❖ For more information, contact Sylvia Rawlings.
Closing Thoughts	<ul style="list-style-type: none"> ▪ Please continue to spread the word about CHIP and encourage others to be a part of the movement toward a healthier Tarrant County. 	
Next Meeting	<p>Tarrant County Voices For Health Advisory Council Meeting: April 15, 2015 from 3:00pm – 5:00pm Location: TBD</p>	<ul style="list-style-type: none"> ❖ Please plan to attend or send someone on your behalf. It won’t be the same without you!