

Homemade Apple Chips



Ingredients:

- 4 Gala apples
- Cinnamon

Instructions:

1. Preheat oven to 225 F. Place parchment paper on a baking pan.
2. Core and thinly slice the apples.
3. Place slices in a single layer on baking sheets and sprinkle with cinnamon.
4. Bake for 2 hours, turning chips over after 1 hour.

Makes 8 servings.



Tarrant County Public Health
<http://health.tarrantcounty.com>