

Spicy Apple & Pear Chutney



Ingredients:

- 2 Gala apples, finely diced
- 2 Bartlett pears, finely diced
- 2 tablespoons lemon juice
- 2 tablespoons cilantro, chopped
- 1 clove garlic, finely chopped
- 1/2 cup red onion, finely chopped
- 1 1/2 teaspoon sugar
- 1/4 teaspoon salt
- 1/4 teaspoon red pepper flakes

Directions:

1. Combine all ingredients in a mixing bowl.
2. Chill at least 2 hours.
3. Serve with meats or on slices of pita bread.

Makes 8 servings.



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