

Baked Salmon



Ingredients:

- 2 salmon fillets
- 6 Tablespoons olive oil
- 1 garlic clove, minced
- 1 teaspoon pepper, ground
- 1 teaspoon salt
- 2 tablespoons fresh parsley, chopped
- 1 tablespoon lime juice
- 1 teaspoon rosemary

Directions:

1. Mix garlic, basil, olive oil, salt, pepper, rosemary, parsley and lime juice in a bowl.
2. Marinate salmon and set in refrigerator for about 2 hours.
3. Preheat oven to 375 degrees.
4. Bake in a glass dish for 45 minutes.

Serves: 2



Tarrant County Public Health
<http://health.tarrantcounty.com>