

Easy Greek Yogurt Raspberry Parfait



Ingredients:

- 4 cups light Greek yogurt, vanilla
- 1 cup raspberries, fresh
- 1 cup low-fat granola

Instructions:

1. Place 1/2 cup yogurt in the dish.
2. Place 1/4 cup raspberries on top of the yogurt.
3. Layer with a 1/2 cup yogurt.
4. Sprinkle with 1/4 cup granola.

Servings: 4



Tarrant County Public Health
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