

Watermelon Lemon Ice



Ingredients:

- 5 cups watermelon, seeded
- 1 cup lemon juice
- 1/3 cup sugar

Directions:

1. Heat the lemon juice over low heat. Stir in sugar to dissolve.
2. Add lemon juice mixture and watermelon to a blender.
3. Blend until smooth.
4. Pour mixture into a glass baking dish. Cover. Freeze for 4 hours.
5. Remove from freezer and let sit 15 minutes. Serve using an ice cream scoop.

Makes 8 servings.



Tarrant County Public Health
<http://health.tarrantcounty.com>