

## Caprese Chicken



### Ingredients:

- 4- 6-ounce chicken breasts
- 1 cup baby spinach
- 8-ounce fresh mozzarella, cut into four slices
- 12 large basil leaves
- 1 teaspoon balsamic vinegar
- 1 tomato, cut 1/4 inch in slices
- Cooking Spray

### Directions:

1. Heat a skillet to medium heat. Spray skillet with cooking spray. Add chicken breasts to the skillet. Cook until the juices are clear.
2. Place the chicken on a paper towel to remove the excess oils.
3. Layer spinach, tomatoes and basil top of each chicken breast.
4. Drizzle balsamic vinegar over the chicken breast.
5. May be served as a sandwich by placing on a bun, or as an entrée.

Makes 4 servings



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