

## Tuna Melt in a Tomato



### Ingredients:

- 2 medium tomatoes, halved
- 1-5 ounce can light tuna
- 2 tablespoons Greek yogurt
- 1 tablespoon red onion, finely chopped
- 3 tablespoons chopped celery
- 2 slices Pepper Jack Cheese

### Directions:

1. Move an oven rack to the second position from the top.
2. Arrange the tomatoes on a baking tray, season with salt and pepper.
3. Combine all remaining ingredients except cheese.
4. Top each tomato half with tuna salad and one slice of cheese.
5. Broil the tomatoes until the cheese is melted, about 1-2 minutes.
6. Remove from the oven and eat immediately.

Makes 2 servings.



**Tarrant County Public Health**  
<http://health.tarrantcounty.com>