

Slow Cooker Chicken and Cannellini Beans



Ingredients:

- 1 1/2 pound boneless, skinless chicken breast
- 1 yellow bell pepper, seeded and sliced
- 1 red bell pepper, seeded and sliced
- 1 – 16 ounce can cannellini beans, drained and rinsed
- 1 – 14.5 ounce can petite diced tomatoes
- 2 teaspoons dried basil
- 1 teaspoon dried thyme
- Salt & pepper to taste

Directions:

1. Place all ingredients into a slow cooker
2. Stir and cover with lid.
3. Cook on low heat for 7 hours.

Makes 6 servings.



Tarrant County Public Health
<http://health.tarrantcounty.com>