

Peach Salsa



Ingredients:

- 2 fresh peaches, peeled, pitted, and chopped
- 1 jalapeno, seeded and minced
- 1/2 red onion, minced
- 1/2 red bell pepper, minced
- 1/4 cup fresh cilantro, chopped
- 2 cloves garlic, minced
- 1 lime, juiced
- 1 avocado, pitted and diced

Directions:

1. Mix all ingredients except avocado.
2. Cover and refrigerate 30 minutes or longer.
3. Add avocado gently just before serving.

Makes 4 servings.



Tarrant County Public Health
<http://health.tarrantcounty.com>