Tarrant County Resources

Health & Wellness

Tarrant County Public Health
(817) 321-4700
health.tarrantcounty.com

Tarrant County WIC
(817) 321-5400
Supplemental food program for pregnant and postpartum women, infants, and children up to age 5

Tarrant County Public Health Breastfeeding Warm Line
Provides breastfeeding support
M-F 9-6, S 10–2
(817) 321-5416

Tarrant County Public Health Immunizations
Provides child and adult immunizations, pregnancy tests, and TB skin tests
Clinics open M-F, 8-12 and 2-4

SE Public Health Center—Arlington
536 W Randol Mill
(817) 321-4716

Charles F. Griffin Building
3212 Miller Ave.
(817) 531-6738

NW Public Health Center—Lake Worth
3800 Adam Grubb, Suite 400
(817) 238-4441

La Gran Plaza Mall
4200 S. Freeway
(817) 920-5752
*Limited Saturday hours. Call for details.
*Pregnancy tests not available

SW Public Health Center
6551 Granbury Rd.
(817) 370-6730

Watauga Public Health Center
6601 Watauga Rd.
(817) 514-5036

To apply for Medicaid, CHIP, TX Women's Health Program, or SNAP - **visit http://yourtexasbenefits.com**

Live Tobacco Free
4 wk. in-person or online smoking cessation program
1-844-X-SMOKER
Contact:
smokefree@tarrantcounty.com

HealthforMe Self-Management
Provides information on chronic disease self-management skills
6 wk. course, online or in person
(817) 321-4976
Contact:
selfmanager@tarrantcounty.com

Nurse Family Partnership
Provides education and support through home visits during 1st pregnancy and until child's 2nd birthday
(817) 413-6320

UNTHSC Healthy Start
Provides home visitation services for women & families
(817) 735-2553
www.unthsc.edu/healthystart

MHMR Tarrant County
Provides mental health support and resources for those with intellectual or developmental disabilities and addictions
1-800-866-2465
www.mhmrtarrant.org

Early Childhood Intervention
Serves children up to 3 yrs. who have developmental delays & disabilities
1-888-754-0524
www.mhmrtarrant.org/Services/
Early-Childhood-Intervention

JPS Family Health Center
(817) 702-1215

Public Health Adult Health Services
Provides services related to sexually transmitted diseases
(817) 321-4800

North Texas Area Community Health Centers, Inc.
Provides discounted medical services for children and adults
Northside, Southeast, Arlington
(817) 625-4254
www.ntachc.org

Mom and Baby Special Services
Provides services for pregnant or postpartum women with risk of drug dependency, mental illness, or domestic violence
(817) 920-7322

Title V Maternal Health
Covers 2 prenatal visits while Medicaid/CHIP coverage pending
www.txclinics.com

Dental

Catholic Charities Dental Clinic
(817) 289-3882

JPS Dental Clinics
Arlington: (817) 920-6337
Diamond Hill: (817) 920-7014
Northeast: (817) 920-6407
Stop Six: (817) 920-7214
Viola Pitts/Como: (817) 920-7415
Worth Heights: (817) 920-6195

Dental Health Arlington
(817) 277-1165
www.dentalhealtharlington.org

Mission Arlington – Allen Saxe Clinic
(817) 860-4474
Scheduling for new clients:
Call 1st Mon of month at 8:30 AM

Tarrant County Public Health
Safeguarding Our Community's Health

Tarrant County Resources

Housing & Shelter

Catholic Charities
Provides housing assistance
(817) 534-0814
www.catholiccharitiesfortworth.org

Tarrant County Housing Assistance
Provides housing for low-income individuals
(817) 531-7640

Center for Transforming Lives
Provides housing and child care
(817) 332-6191
www.transforminglives.org

Transportation

Catholic Charities of Fort Worth Transportation
Provides medical and work transportation in the HEB area
(817) 336-8714
www.catholiccharitiesfortworth.org/transportation

Mission Arlington
Provides transportation for education and employment
(817) 227-6620
www.missionarlington.org

Texas Medicaid Medical Transportation
Provides rides to Medicaid health and dental visits
1-877-MED-TRIP

Employment

Workforce Solutions
Provides career training and job search resources
(817) 413-4000
www.workforcesolutions.net

Employment Solutions
Provides job search and skill training for men & women
(817) 927-4050
www.womenscentertc.org

Food Assistance

Infant Formula Program
Provides emergency formula and baby food for infants
(817) 338-1071
www.fumcfortworth.org/serve/mission/formula

Local Food Pantries
Contact 2-1-1 for local referral

SNAP (Food Stamps)
Supplemental nutrition assistance program
www.yourtexasbenefits.com

Tarrant Area Food Bank
Provides help with SNAP, TANF, and Medicaid applications
1-866-430-6143
www.tafb.org

Child Care/Parenting

Child Care Associates
Head Start Program
(817) 838-0055
www.childcareassociates.org

Child Care Management Services (CCMS)
Provides low-cost child care
(817) 831-0374
www.childcareassociates.org/ccms

Early Childhood Matters
Provides classes for parents to promote early learning
(817) 392-7745
www.fortworthecm.org

The Parenting Center
Provides classes and resources for parents and families
(817) 332-6348
theparentingcenter.org

> Parenting Advice Line
> M – F 12-3
> (817) 332-6399

Safety

Cook Children's Child Passenger Safety
Provides car seat fit clinics and information on car safety
(682) 885-2634

Poison Control Hotline
Provides accurate medical information regarding poisons
1-800-222-1222

Domestic Violence

National Domestic Violence Hotline
24/7 hotline for those experiencing domestic violence
1-800-799-7233
TTY: 1-800-787-3224

One Safe Place
Provides services to those affected by domestic violence
(817) 916-4323
www.onesafeplace.org

SafeHaven of Tarrant County
Provides services to those affected by domestic violence including 24 hr emergency shelter
Hotline: (877) 701-7233
www.safehaventc.org

Additional Referrals

Tarrant Cares
Provides referrals for basic needs, education, and health.
www.tarrantcares.org

United Way of Tarrant County 2-1-1 Community Resource
Provides referrals for a variety of community resources
(817) 258-8000 landline
2-1-1 mobile line
www.tarrantcounty211.org