BAKED EGGPLANT

Ingredients:

- 2 large eggplants, peeled and sliced to ½ inch thickness
- 1 c bread crumbs, Italian style
- 2 c part-skim mozzarella cheese, shredded
- 1/2 c Parmesan Cheese, grated
- 1/2 c butter or margarine, melted
- · 2 cans (14 oz) diced tomatoes, not drained
- 2 T Basil, fresh, chopped
- 2 T garlic powder
- 2 T oregano, fresh, chopped
- 1 can (15 oz) tomato sauce with basil, garlic and oregano

Preparation:

- 1. Preheat oven to 425°F.
- 2. Lightly oil baking sheet.
- 3. Combine bread crumbs and Parmesan cheese in baking dish.
- 4. Brush eggplant slices with butter spray, then coat with bread crumb mixture.
- 5. Place on baking sheet.
- 6. Bake 15 minutes or until tender, turning once.
- 7. Top with mozzarella cheese.
- 8. Mix remaining ingredients in a saucepan and bring to a boil over medium-high heat.
- 9. Reduce heat to medium-low; simmer 10 minutes or until slightly thickened. Spoon tomato mixture evenly into 4 shallow bowls. Place 3 eggplant slices over sauce in each bowl.

Makes 8 serving



