



Commissioner Gary Fickes

Tarrant County - Precinct 3

September 2019

www.TarrantCounty.com

Volume 12, Issue 4

Presenting Sponsor
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Friday
October 4

11TH ANNUAL
EMPOWERING Seniors

Tarrant County Commissioner Gary Fickes

THE GREATEST SHOW ON EARTH
AGES 50 PLUS

WBAP
NEWS TALK
820 AM

Start your day with the
WBAP Morning Show
at Empowering Seniors!

LIVE BROADCAST from 5:00 a.m. to 9:00 a.m.

Meet Hal Jay and others from WBAP, along with Troy Dungan, Scott Murray and members of the Dallas Cowboys Cheerleader Alumni from the '70s!



Presenting Sponsor

care@care
Insurance Company, Inc.

Back by popular demand...



Ask The Doctor/Provider Panel



Same location...



205 N. Industrial Blvd. • Bedford, Texas

Professional Health Screenings
Blood Glucose, Hearing, Eyes and more!

Informative Workshops

Ask the Doctor/Provider Panel

Over 150 Exhibitors

Fun Art Classes

Cooking Demonstration

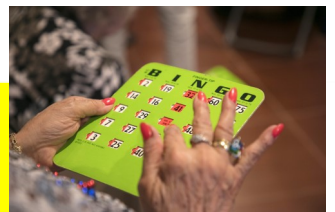
Carnival Games

Sweet Treat Cake Walk

Totes and Treats

FREE Food

Entertainment, BINGO,
Door Prizes and more!



Register to attend at
www.EmpoweringSeniors.com or call 817-581-3600



COMMISSIONER'S CORNER

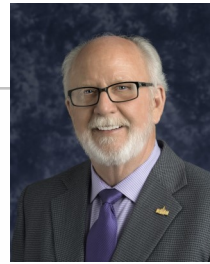
It's time for "The Greatest Show on Earth" at the 11th Annual Empowering Seniors Health and Lifestyle Expo to be held on Friday, October 4th at CrossCity Church Campus West in Bedford. Start your day with the WBAP Morning Show Team

broadcasting live from 5:00 a.m. to 9:00 a.m. at Empowering Seniors with personal appearances by Hal Jay, Brian Estridge, and Brad Barton from 10:00 a.m. to 12:30 p.m. Also joining us is Troy Dungan, Iconic Weatherman and Care N' Care member; Legendary Sportscaster, Scott Murray; and the Dallas Cowboy Alumni Cheerleaders from the '70s! Enjoy your day at this free event with professional health screenings, informative workshops, and the "Ask the Doctor" panel, FREE food, over 150 exhibitors, carnival games, entertainment, BINGO, door prizes and more! For further information and to register, please visit www.EmpoweringSeniors.com.

Just a reminder that the next Election Day in Tarrant County will be November 5th. More details will be posted at a later date via Tarrant County Elections. Now is a good time to register to vote or update your address if you would like to participate in this election. You may find more information on the upcoming election, register to vote, and update your voter registration information at www.tarrantcounty.com/elections.

I invite you to join me for the 2019 Walk to End Alzheimer's - Northeast Tarrant that will be held the morning of October 12th at Church of the Cross in Grapevine. The Alzheimer's Association is holding their

annual walks this month in more than 600 communities nationwide. The Walk to End Alzheimer's is the world's largest event to raise awareness and funds for Alzheimer's care, support, and research. This inspiring event calls on participants of all ages and abilities to join the fight against the disease! Register to attend at act.alz.org.



Tarrant County is concluding our fiscal year and is looking forward to the new budget year beginning in October. I remain committed to maintaining a conservative budget and tax rate, which is why I voted against the proposed FY 2020 Tarrant County budget and tax rate during Commissioner's Court on September 10th.

My staff and I remain committed to serving the needs and honoring the values of our constituents in Northeast Tarrant County, and as always, please contact or meet with me if you have any questions, concerns, or for further information regarding our county and how we serve you.

Included in this newsletter is information about the City of Watauga Mayor Arthur Miner, exciting updates from Tarrant County Elections, happenings and services offered by the City of Bedford, North Texas Giving Day, transportation updates, senior updates and much more. Coffee with the Commissioner will be this Friday, September 13th at 7:30 a.m. in my office at the Northeast Courthouse. Join us for coffee and good conversation!

Gary Fickes

We'll see you Friday! COFFEE WITH THE COMMISSIONER

Friday, September 13th, 2019

7:30 a.m. to 9:00 a.m.

Start your day with us!

Northeast Courthouse
Commissioner's Office
645 Grapevine Hwy., Ste. 200
Hurst, Texas 76054



REMEMBER SEPTEMBER 11, 2001
PATRIOT DAY



SEPTEMBER IS
CHILDHOOD
CANCER
AWARENESS
MONTH

SUPPORT • ADVOCATE • CURE

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Question of the Month

Question: Things you might not have known about Sam Houston...

(Answer on page 5)

The Quote of the Month - "When Texans start talkin' huntin' or fishin', strap on your waders, 'cause it's gonna get deep in a hurry."



— Jim Gramon



**Mayor
Arthur Miner**



**City of
Watauga**

Mayor Art Miner and his family, wife Sharon and children Jarrel and Amanda, moved to Watauga in 1996 after retiring with 25 years of service with the U.S. Navy. They relocated to Watauga from Patuxent River Maryland where he was a Program Manager for Naval Air Systems Command. Having two small children, the outstanding school districts serving the community was the driving factor in choosing Watauga for their home. With his background in production management, Art found employment with various companies in the Metroplex starting as a Production Assistant with an electronics

company, Operations Manager in structural steel and finishing out his 2nd career as Plant Manager with a national recycling company.

On the home front, Art immediately immersed himself into the community coaching baseball for four years with NAYA, girls basketball with Upward and girls volleyball with the YMCA. Within a few years, Art began his venture into local city service. Mayor Hector Garcia appointed Art to his first city board, the Parks and Recreation Advisory Board in 1998. Wanting to be more involved, Art was appointed to the Parks Development Corporation two years later where he has served as the president for 12 of those years. Art also served on the Veterans Advisory Board. Capp Smith Park, the Hector F. Garcia Recreation Center and the Veterans Memorial are but a few of the major accomplishments during his tenure.

After many years of urging from friends and others, Art decided to throw his hat into the political arena and run for mayor and

was sworn in this past May. Mayor Miner said, "I have an excellent City Council and an outstanding City Manager, and I look forward to great things for the City of Watauga." Art also serves as the President of the Economic Development Corporation.

On a more personal note -

What do you do for fun? Playing golf and shooting pool

Favorite Movie? "Vanishing Point" (the original 1971 version)

Favorite Restaurant? Wienerschnitzel

Favorite vacation spot?
Padre Island, Corpus Christi, Texas

Last book read?
Sidney Sheldon "Rage of Angels"

People would be surprised to know...
I have 2 Bischon Frise dogs who control most of my life. My grandchildren control the rest.

TARRANT COUNTY ELECTIONS

These are exciting days in the Elections Administration Department of Tarrant County, with new things coming your way. Some changes we started rolling out last year, and as more are put in place, you will hopefully see they all feed into each other.

We started by adding electronic poll books to our check-in process; by doing this, we eliminated a bottleneck in the check-in process. So far, your feedback has been positive. Last month we took the next step and bought new voting machines.

Starting this November, you will vote in a Hybrid system: you will first come up to a touchscreen to make your choices, and when you are done, the machine will print out your choices on your ballot. You will then be able to review your ballot before you go to a separate machine, a scanner, to insert it and have it counted and deposited in the ballot box. From now on, every voter in Tarrant County will have a paper trail and will vote the same way, whether it's during Early Voting or on Election Day.

Our last change is yet to be approved by the Secretary of State. We applied for the

Vote Centers program the day after we purchased the voting machines. If the SOS approves our application, you will be able to vote at any location in the county on election day.



I highly encourage you to visit our website and to find us on Facebook (@TarrantCountyElections) and Twitter (@tarrantelection). We are working very hard to make voting easier, more



convenient, and more accessible. But ultimately, we need you to cast your ballot to make it all worth it. Mark your calendars, Early Voting starts October 21 and Election Day is November 5.

www.TarrantCounty.com

*Article courtesy of Heider Garcia,
Tarrant County Elections Administrator*



Enjoy a cup of coffee and...

Start your day with the **WBAP Morning Show** at Empowering Seniors!

LIVE BROADCAST from 5:00 a.m. to 9:00 a.m.



WBAP
NEWS•TALK
820 AM



Tarrant County Commissioner Gary Fickes



AGES 50 PLUS

Presenting Sponsor

care@care
Insurance Company, Inc.



How about a **SNEAK PEEK?**



Ask The **Doctor/Provider**

◆ **Sponsor/Exhibitor Booths**
Visit over 150 sponsor and exhibitor booths to get information on a wide range of programs including health screenings and area assistance programs for seniors. Be sure to get your passport stamped at specific sponsor booths for a chance to win a door prize!

◆ **Professional Health Screenings**
Health Screenings include blood glucose, hearing, eyes, flu shots and more from hospitals and providers.



ARE YOU READY FOR SOME FUN?

- Carnival Games
- Sweet Treat Cake Walk
- Popcorn
- Cotton Candy
- Art
- Fun Photo Booth
- Animals

(Meet kangaroo joey named Jak!) >>>>



◆ **Ask the Doctor/Provider Workshops** provide attendees the opportunity to write down any question they may have. The questions are provided to the doctors for discussion during the specific workshop.

Our panels of physicians and providers specialize in areas of Oncology, Cardiology, Neurology, Family Medicine, Pharmaceutical, and many more... 3 Sessions: 9:30 a.m., 11:00 a.m., and 12:30 p.m.

◆ **Workshops**
You will also gain a wealth of knowledge on a variety of subjects by visiting the available workshops scheduled throughout the day.



Presenting Sponsor



Insurance Company, Inc.



Atmos Energy | Forest Ridge Funeral Home | Oncor Electric Delivery | Republic Services | Trinity Metro Memorial Park Chapel



care@care

Insurance Company, Inc.

Located here in North Texas, Care N' Care (HMO/PPO) is a local Medicare Advantage health plan providing seniors in Tarrant and eight other surrounding counties affordable alternatives that improve and simplify Medicare coverage. With both PPO and HMO health plans, Care N' Care offers all of the traditional benefits included in original Medicare plus additional benefits and services such as dental, vision, hearing, fitness programs and enhanced pharmacy benefits.

Among its most unique elements, seniors who choose Care N' Care are assigned a personal Healthcare Concierge to serve as the single point of contact to help facilitate their healthcare needs, such as scheduling appointments, assisting with claims or billing, answering questions regarding prescriptions, and more. Just like a well-trained concierge at a hotel, Care N'

Care concierges exist solely to serve its members who come to think of them as their trusted partner who is committed to enhancing and making their entire healthcare experience easier.

Each year, Care N' Care is also a lead sponsor of the popular Empowering Seniors Expo, which this year will be held October 4 at the CrossCity Church in Bedford. This free expo is packed with information that will engage seniors to discover new ways to remain active physically and mentally. "Empowering seniors and giving them the healthy advantage is what Care N' Care is all about," said Wendy Karsten, CEO of Care N' Care. "I urge all seniors to attend the expo and learn about services and resources that are available locally that can help them live life to its fullest."

For more than a decade, Medicare



CNC staff member Tana with Bob Lilly at last year's Empowering Seniors Event

recipients in North Texas have trusted Care N' Care to provide affordable, accessible and member-friendly care with the resources and services they need to enjoy this special time in their life. For more information about Care N' Care and its Medicare Advantage health plans, visit cnchealthplan.com.

Article courtesy of Lee Pritchett, Senior Marketing Manager



Troy Dungan with CNC staff member Kelli



CNC staff and members Tai Chi in the park

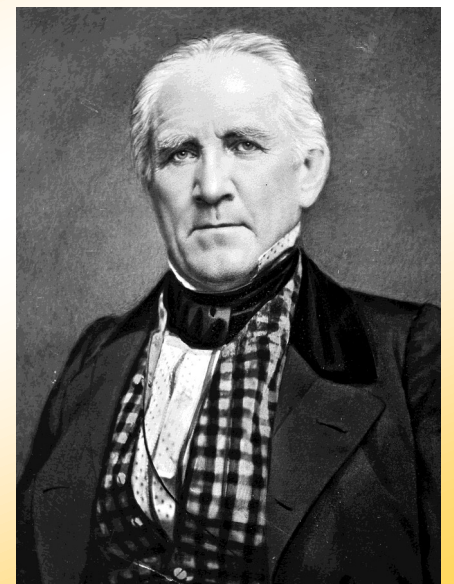


CNC employees Senior Santa Drive

Question of the Month

Question: Things you might not have known about Sam Houston...

Answer: Sam Houston's record of public service is long, all the more impressive since it was accomplished with minimal education. An abbreviated view of his life reveals that in 1818 he began studying law on his own in Nashville, Tennessee. After a few months, he opened a law office in Lebanon, Tennessee, and that same year was elected district attorney for the Nashville district. He was appointed adjutant general with the rank of colonel, and in 1821 he was elected to the rank of major general. Houston was seated in the United States Congress without opposition in 1823 and re-elected in 1825. Two years later, he became governor of Tennessee, and in 1829 Houston was granted citizenship into the Cherokee Nation and served as Indian Agent to the U.S. in Washington. In 1835, after moving to Texas, Houston was elected major general in the Texas army. He was a signer of the Texas Declaration of Independence from Mexico and commander-in-chief of the Texas army. In 1836 Houston was elected president of the Republic of Texas and was re-elected in 1841. He also represented Texas in the U.S. Senate for fourteen years. Houston was also Governor of Texas. Whew! All this was accomplished in spite of the fact that Houston's only formal education was a few terms in neighborhood schools.





"Real people. Real Hope. Real Life." These are the words seen by the thousands that drive by the sign at Cross City Church in Euless. More than just a slogan, this is the heart of the church. On any Sunday, you'll find a group of authentic, welcoming people who genuinely care about the community. Their focus is simple - help the real people around them find real hope and experience real life.

From its launch in 1904, the church has cared for the people that live in the community and beyond. Many community-focused organizations have launched from its membership, including national non-profits that partner with apartment complexes and school districts. Among the most active in this community is 6 Stones. Started ten years ago through the leadership of Pastor John Meador, 6 Stones has been a

catalyst of hope. It has provided food, clothing, school supplies, and Christmas gifts for thousands in the community. And, through Community-Powered Revitalization, 6 Stones volunteers from businesses, churches, cities, and other organizations have helped repair over 600 homes.



Volunteer working on fence for CPR

In recent years, the church has taken even more forward-thinking steps to become more accessible to people in and around Tarrant County while remaining rooted in Euless. Responding to the rapid growth in Northwest Tarrant County, the church launched a satellite campus at Byron Nelson High School in Trophy Club. Further, the church is embarking on its most ambitious project to date.

In June, Cross City voted to begin a major project that will transform the Euless Campus. The scope includes a new commons area for welcoming guests that will include a coffee shop and an indoor playscape for kids. Also included is a new building for kids and students, as well as accessibility enhancements for senior adults. It's all part of the continuing effort to be a place where all are welcome.



Pastor John Meador

"We want to be a place that offers real hope to our community," says Pastor John Meador. "We believe that it starts with caring for the people around us." To find out more about Cross City Church, visit their website at <https://>

Article courtesy of Josh Merriott, Communications and Technology Pastor

A special thanks to CrossCity Church for hosting Empowering Seniors the past ten years!



2019 Walk to End Alzheimer's - Northeast Tarrant County, TX

October 12, 2019

REGISTER HERE

Event Details

Time:

Registration at 8am
Ceremony at 9am
Walk at 9:30am

Location:

Church at the Cross
3000 William D. Tate Ave.
Grapevine, TX 76051 [Map it](#)

Contact:

Holly Clinton
817-336-4949
NETarrantWalk@alz.org



Between 2000 and 2017, deaths from Alzheimer's has increased 145 percent.



Alzheimer's disease is the sixth-leading cause of death in the United States.



In the United States someone develops Alzheimer's every 65 seconds.



Almost two-thirds of Americans with Alzheimer's disease are women.



More than 5 million Americans are living with the disease.



In 2018, more than 16 million caregivers of people living with Alzheimer's disease or other dementias provided an estimated 18.5 billion hours of unpaid care, a contribution to the nation valued at more than \$234 billion.



One in three seniors dies with Alzheimer's or another dementia.



There are more than 16 million caregivers of people living with Alzheimer's and other dementias in the United States.



In 2019, Alzheimer's disease will cost the United States \$290 billion. This number is projected to rise to more than \$1.1 trillion in 2050.

<https://act.alz.org>

Welcome to our series "Northeast Tarrant County Cities" where we'll share information about one of the cities located in Precinct 3 in each newsletter. It's impossible to share everything on one page that makes a city great, but we hope to scratch the surface on what makes each city a great place to live, work, and play.

Northeast Tarrant County is home to 16 municipalities in one of the most urbanized regions in the State of Texas. Commissioner Fickes, along with Tarrant County, partners with many entities, including our cities. With these partnerships, our communities continue to thrive via road projects, economic development, public health services, public safety, and emergency management.

Bedford Texas, located in Northeast Tarrant County, is a vibrant community and home to more than 49,000 residents. Nestled in the heart of the mid-cities, Bedford is just a few minutes away from the DFW International Airport, and about 13 miles northeast of downtown Fort Worth and 20 miles west of Dallas.

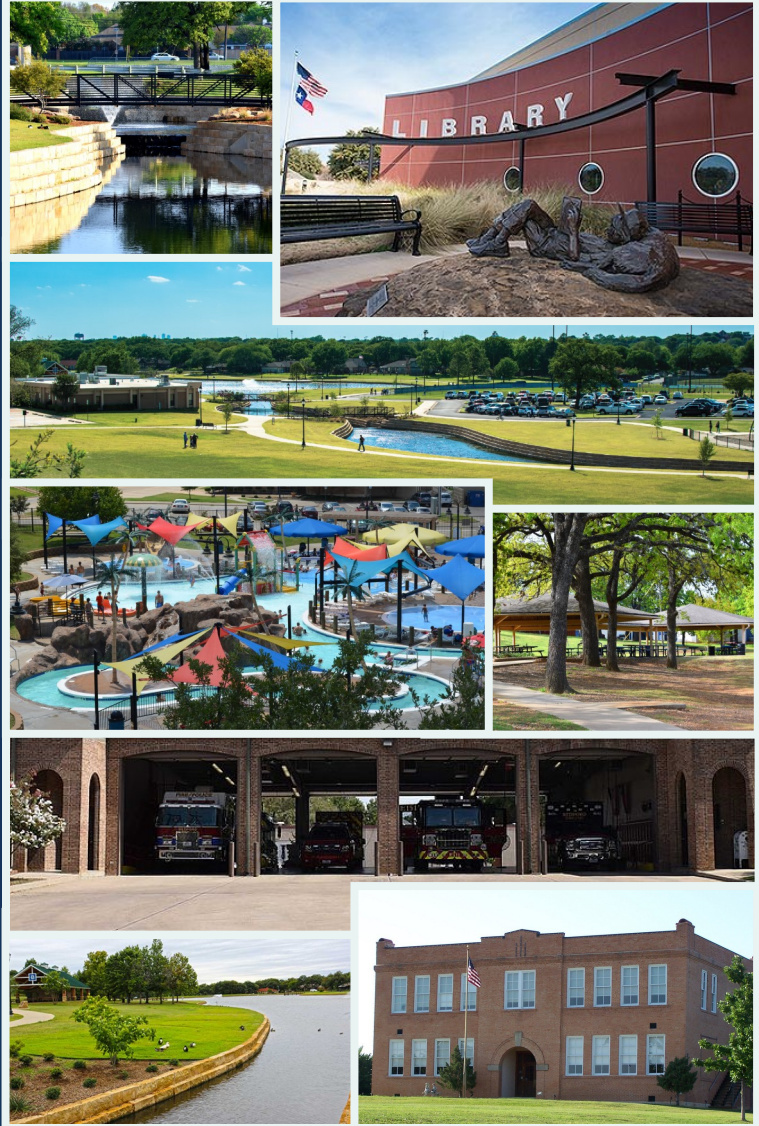
Bedford takes pride in offering the best quality of life for their residents. They offer a wide range of exciting community events throughout the year, creating lasting memories for years to come. Residents and visitors can enjoy Bedford's trademark, 3-day event, the Blues & BBQ Festival or one of the numerous parks located throughout the city.

The public library is a popular attraction for all ages, including Storytime for preschoolers and toddlers. Teen-focused opportunities include programs selected by their peers; the Teen Action Council, including online tutoring, math homework help, movies and gaming night, to mention a few. Adults can enjoy music, art and numerous other clubs offered throughout the year. Other special events, as well as having an expansive collection of print and digital materials can be enjoyed.

The Bedford Police Department employs 85 full-time officers, 55 full-time civilian employees and 48 volunteers in Police Service (VIPS). Their Mission Statement reads "The Bedford Police Department and it's members believe in the dignity and worth of all people. They are committed to: providing high quality community-oriented policing services with sensitivity; protecting constitutional rights; problem solving; teamwork; openness; planning for the future; and providing leadership to the police profession.

The Fire Department is fully paid with 66 sworn personnel. Equipped with an Emergency Operations Division, Swift Water Rescue Team, NEFDA Hazardous Materials Response Team, and Emergency Medical Services. Their Mission Statement reads "To save lives, meet the community's needs through service before self and to safeguard the quality of life for all."

Hurst-Euless-Bedford (HEB) School District is the primary school district serving the City of Bedford. With more than 22,834 students, HEB ISD is rich with diversity, which gives the district a distinctly international flavor. Students come from homes where more than 60 different native languages are spoken.

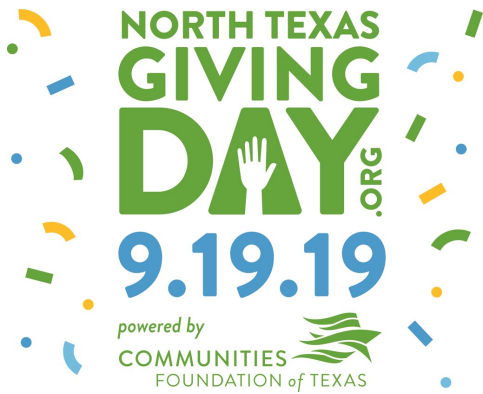


City of Bedford

2000 Forest Ridge Drive, Bedford, TX 76021

817-952-2100

- Animal Services & Adoptions 817-952-2191
- Boys Ranch Activity Center 817-952-2323
- Customer Service 817-952-2112
- Human Resources 817-952-2178
- Library 817-952-2350
- Parks & Recreation 817-952-2323
- Senior Center 817-952-2326
- Emergency 9-1-1
- Police Non-Emergency 24-Hour Dispatch 817-952-2127
- Fire Department 817-952-2500



To date, more than 2,200 local nonprofits and multi-county events and service projects are set to power the nation’s largest community-wide giving day, North Texas Giving Day, on September 19th.

Communities Foundation of Texas’ 11th annual **North Texas Giving Day is back September 9-19, 2019 with ten days of scheduled giving** and free public events and service projects in **Arlington, Dallas, Denton, Plano, McKinney, and Richardson**. More than 2,200 North Texas nonprofits are already registered to participate and hail from the 20 eligible counties including Collin, Cooke, Dallas, Denton, Ellis, Erath, Fannin, Grayson, Hood, Hunt, Johnson, Kaufman, Montague, Navarro, Palo Pinto, Parker, Rockwall, Somervell, **Tarrant**, and Wise.

Since the event began, it has raised \$240 million for thousands of nonprofits in the entire 20-county North Texas region. Last year alone, \$48 million was raised through more than 157,000 gifts benefiting 2,700 local nonprofits.

Find Your Cause at
www.NorthTexasGivingDay.org

"Last year we participated in North Texas Giving Day for the first time and raised almost \$10,000 in one day! These funds will be used to build our dream of a new, larger facility so we can continue serving kids from hard places for years to come," says Sandy Barber, executive director of Fannin County Children's Center, a nonprofit participating in giving day again this year."

Katherine Krause, CEO of Visiting Nurse Association, shared that from donations they received on giving day last year, they raised nearly \$200,000 from 558 supporters. "The funds raised were able to provide 25,000 homebound seniors with Meals on Wheels and 16 hospice care patients with charitable care."

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"North Texas Giving Day brings the entire community together—from families and students to civic leaders and company volunteers—all to celebrate the work of our region’s wonderful nonprofits," said Susan Swan Smith, Chief Giving Day Officer at Communities Foundation of Texas. "Everyone can be a philanthropist on North Texas Giving Day. Your dollars go further with bonus funds and prizes, and our easy-to-use website allows you to give back efficiently and effectively to the causes nearest and dearest to your heart."

About Communities Foundation of Texas

Presenting North Texas Giving Day is one of many ways Communities Foundation of Texas (CFT) serves as a hub for philanthropy in North Texas. With the goal of building a thriving community for all, CFT leads strategic grantmaking initiatives, professionally manages more than 1,000 charitable funds for families, companies, foundations, and nonprofits and has awarded more than \$1.9 billion in grants since its founding in 1953. www.cftexas.org www.facebook.com/CFTexas or www.twitter.com/GiveWisely.

For more information, please visit www.northtexasgivingday.org



2019 Fort Worth Heart Walk
September 14, 2019



Life is why we walk.

Thanks to all our walkers, donors and volunteers who have accepted the challenge to help fight heart disease and stroke. We cannot achieve our mission without each one of you!

Date & Time	Where	Contact
<p>September 14, 2019 Check-In 8:00 a.m. Starts 9:00 a.m.</p>	<p>Will Rogers Memorial Center 3401 W Lancaster Avenue Fort Worth, Texas 76107</p>	<p>Heart Walk Care Team Email 1866-430-9255</p>
<p>Directions</p>		

SENIOR NEWS

Presenting Sponsor **care@care** Insurance Company, Inc.

11TH ANNUAL **EMPOWERING Seniors**
Tarrant County Commissioner Gary Fickes

THE GREATEST SHOW ON EARTH

NEWS-TALK **820 AM**

Start your day with the **WBAP Morning Show** at Empowering Seniors!
LIVE BROADCAST from 5:00 a.m. to 9:00 a.m.

Friday - October 4
8:30 a.m. to 1:30 p.m.

2019 **Senior's Jamboree**
Thursday, September 26, 2019
9:00 AM - 1:00 PM
YMCA Camp Carter the Y
6200 Sand Springs RD • Fort Worth, TX 76114

2019 **OLDER AMERICANS MONTH**
CONNECT. CREATE. CONTRIBUTE MAY 2019

Join in the **FUN!**

Northeast Tarrant County Senior Centers

- Bedford Senior Center** (817) 952-2326
www.bedfordtx.gov
- Colleyville Senior Center** (817) 503-1195
www.colleyville.com
- Eules Family Life Sr. Center**..... (817) 685-1671
www.eulesstx.gov
- Grapevine Active Adults at The REC** (817) 410-3465
www.gograpevine.com
- Haltom City Sr. Citizens Center**..... (817) 834-8021
www.haltomcitytx.com
- Hurst Sr. Citizens Activities Center** (817) 788-7710
www.ci.hurst.tx.us
- Keller Senior Activities Center**..... (817) 743-4370
www.cityofkeller.com
- N. Richland Hills Senior Center** (817) 427-6600
www.nrhstx.com
- Richland Hills Sr. Activities Center** (817) 616-3738
www.richlandhills.com
- Southlake Senior Activity Center** ... (817) 748-8315
www.ci.southlake.tx.us
- Watauga Senior Center** (817) 514-5892
www.ci.watauga.tx.us

Medicare Open Enrollment



Getting started with Medicare

Whether you're new to Medicare, getting ready to turn 65, or preparing to retire, you'll need to make several important decisions about your health coverage. If you wait to enroll, you may have to pay a penalty, and you may have a gap in coverage. Use these steps to gather information so you can make informed decisions about your Medicare.

[Medicare and You: Understanding Your Medicare Choices](#) (Video)

- Step 1: Learn about the different parts of Medicare
 - Step 2: Find out when you can get Medicare
 - Step 3: Decide if you want Part A & Part B
 - Step 4: Choose your coverage
 - Step 5: Sign up for Medicare
 - Step 6: Learn about 5 tasks for your first year with Medicare
- Learn about these steps at www.medicare.gov.

Important Links

Tools to Help You Choose

- [Medicare.gov](http://www.Medicare.gov)
- [Medicare & You Handbook](#) (select your format)
- [Sign Up-Change Plans](#)
- Contact Medicare at 1-800-MEDICARE (1-800-633-4227) TTY users should call 1-877-486-2048.
- Local Area Agency on Aging (AAA) for assistance understanding prescription drug coverage. 1-800-252-9240
- [What Medicare Covers](#)
- [Drug Coverage](#)
- [Medicare Costs](#)
- [Forms-Help-Resources](#)
- [Supplements and Other Insurance](#)
- [Find Medicare plans](#)
- You can get personalized health insurance counseling at no cost to you from your local [State Health Insurance Assistance Program \(SHIP\)](#); Local SHIP office for Tarrant County: 817-258-8102 <http://www.unitedwaytarrant.org/aaa>
- Contact Social Security:
 - By phone - Call 800-772-1213 from 7 a.m. to 7 p.m. Monday through Friday. If you are deaf or hard of hearing, you can call us at TTY 800-325-0778.
 - In person - Visit your local Social Security office. (Call first to make an appointment.)
- [Find local Social Security Office](#)
- [Texas Department of Insurance](#)
- [Manage Your Health at My Medicare](#)

Information on Extra Financial Help

- [Help With Paying Costs](#)
- [Limited Income and Resources](#)
- [Extra Help with Medicare Prescription Drug Plan Costs](#)

More information available at www.medicare.gov and www.ssa.gov



PROSTATE
CANCER
AWARENESS
MONTH

CALENDAR	Sep 13	Colleyville Senior Center: Health Fair.....	www.colleyville.com
	Sep 26	Tarrant County Senior's Jamboree.....	www.cnchealthplan.com
	Oct 4	Empowering Seniors Expo	www.empoweringseniors.com
	Oct 5	Keller Senior Center Fall Craft Show & Market.....	www.cityofkeller.com
	Oct 12	Eules Senior Center: Junk in the Truck Garage Sale	www.eulesstx.gov
	Oct 12	Haltom City Senior Center Craft Fair	www.haltomcitytx.com
	Oct 18	Hurst Senior Activities Center: Craft & Holiday Market	www.hursttx.gov
	Oct 23-24	NRH Senior Center 2019 Craft Fair	www.nrhcentre.com
	Oct 31	Eules Senior Center: Halloween Spooktacular.....	www.eulesstx.gov



Transportation

Northeast Tarrant County

DFW Connector Project

Hotline: 877-411-4212
www.dfwconnector.com


Sign up for e-alerts!

Pro Drive, the Bass Pro Drive intersection, and the southbound SH 121 frontage road at FM 2499. Utility, wall, drainage, and paving work continues throughout the entire alignment.

• The I-635/SH 121 project is currently 45 percent complete! If you'd like to stay up-to-date on all major operations, sign up for our new text message system by texting "DFWC4" to 77222 and know before you go.

• NorthGate opened three new bridges this summer – the northbound SH 26 bridge to SH 121, eastbound Bass Pro Drive and southbound SH 121/FM 2499 to I-635. The first two previous bridges have been demolished, and crews will demolish the old southbound SH 121/FM 2499 bridge to I-635 this month.

• We've also switched traffic onto new pavement in various sections throughout the project, including the northbound SH 121 frontage road at Bass



Highway 26

TxDOT - N Tarrant Office

817-399-4300
sh26project.com
www.txdot.gov


Sign up for e-alerts!

new northbound lanes between Centerpark Drive and Pleasant Run Creek, as well as installation of driveways, sidewalks, retaining walls and lighting foundations.

• Recently completed work on SH 26 includes the switch of motorists to the new northbound pavement on the east side of SH 26 from Church Street north to John McCain Road. The cross streets of Church Street and Hall-Johnson Road have also switched motorists to new pavement on the east side of SH 26.

• SH 26 construction activity on the east side of SH 26 continues with the construction of the



• Construction activity has begun in the center medians from Church Street north to John McCain Road to remove temporary pavement and construct median curbs and left-turn lanes. Project completion is estimated for Spring 2020.

FM 1938 - Phase II

TxDOT - N Tarrant Office

817-399-4300
www.txdot.gov

Southlake 817-748-8098
www.cityofsouthlake.com

• Recently completed work on FM 1938 includes the switch of motorists to the new southbound pavement at the north end of the project. Both the Fawkes Lane road tie-in and the Beam Road tie-in at FM 1938 have both been reopened. Other work recently completed includes retaining walls, driveways, and sidewalks on the north end. Additionally, the screen wall has been mostly installed with panels on the east side of FM 1938 near Lovegrass Lane.



• Over the next several weeks, the contractor will install the remaining irrigation and landscaping items and complete the striping and permanent lighting installation throughout the project limits. There are some remaining items on the screen wall on the south end of the project to complete as well.

• The FM 1938 project is estimated for substantial completion within a month.

Calendar of Events

- Sep 11 National Day of Service and Remembrance.....
- Sep 12 Greater Keller Chamber Annual Golf Tournamentwww.kellerchamber.com
- Sep 12-15 City of Grapevine Grapefestwww.grapevintexasusa.com
- Sep 14 Community Storehouse: Run In the Darkwww.communitystorehouse.org
- Sep 14 American Heart Association Heart Walkwww2.heart.org
- Sep 19 Community Enrichment Center Love & Hope Galawww.thecec.ejoinme.org
- Sep 19 North Texas Giving Daywww.northtexasgivingday.org
- Sep 19 HEB Chamber Birthday Bashwww.heb.org
- Sep 20 NW Metroport Chamber Lone Star Legislative Rep.www.lonestarlegislativevreport.com
- Sep 20-22 Colleyville Lions Club Hole-In-One Shootoutwww.colleyvillelions.com
- Sep 21 CASA: Garage Men's Grooming Golf Tournamentwww.speakupforachild.org
- Sep 23 Colleyville Chamber Golf Classicwww.colleyvillechamber.org
- Sep 23 Tarrant County MOW Annual Golf Classicwww.mealsonwheels.org
- Sep 26 March of Dimes Signature Chefs Auction ..www.signaturechefs.marchofdimes.org
- Sep 28 North Texas Snap - "Boots & Bling Casino Night"www.ntxsnap.org
- Sep 28 City of Euless: ECPAAA BBQ Fundraiserwww.eulesstx.gov
- Sep 28 City of Keller: Public Safety Fall Festivalwww.cityofkeller.com
- Sep 28 City of Watauga's Sacred to Run 5K & 1 Mile Fun Runwww.cowtx.org
- Oct 3 Metroport MOW Whiskey, Wine & Designwww.metroportmow.ejoinme.org
- Oct 4 Empowering Seniorswww.empoweringseniors.com
- Oct 4-6 Southlake Chamber Oktoberfestwww.southlakechamber.com
- Oct 5 City of NRH: Road Runner 5Kwww.nrhtx.com
- Oct 5 City of Hurst: Fall Festivalwww.hursttx.gov
- Oct 7 Grapevine Annual Chamber Golf Classicwww.grapevinechamber.org
- Oct 10 Mercy House 2019 Fall Benefitwww.mercyhouse.org
- Oct 12 Celebrate Roanokewww.roanoketexas.com
- Oct 12 Hurst Fire Department Annual Steak Dinnerwww.hursttx.gov
- Oct 12 2019 Walk to End Alzheimer's - Northeast Tarrantwww.act.alz.org
- Oct 14 Columbus Day
- Oct 17 Sixty & Better Legends Galawww.sixtyandbetter.org
- Oct 17 Tarrant Area Food Bank - Empty Bowls Chef Serieswww.tafb.org
- Oct 17 Keller Chamber Wine & Jazzwww.kellerchamber.com
- Oct 18 Safehaven Legacy of Womenwww.safehaventc.org
- Oct 18 Girl Scouts NE Texas Women of Distinction Luncheonwww.gsnetx.org
- Oct 18-19 6Stones - CPR Blitzwww.6stones.org
- Oct 19 Town of Trophy Club: Community Nightwww.trophyclub.org
- Oct 19 Westlake Annual Classic Car Showwww.westlakeclassicarshow.com
- Oct 24 Stan's HEB Chamber 24th Annual Chili Challengewww.heb.org
- Oct 24 NE Chamber Annual Golf Classicwww.netarrant.org
- Oct 25 The Women's Center Monster Music Mashwww.womenscenter.org
- Oct 26 CASA: Superhero Runwww.speakupforachild.org
- Oct 26 GRACE Galawww.gracegala.com
- Oct 26 Haslet Hustle 5K Fun Runwww.haslet.org
- Oct 26 Keller Chamber Spooktacular & Health Fairwww.kellerchamber.com
- Oct 28 Northwest Metroport Chamber Golf Classicwww.nwmetroportchamber.org
- Oct 30 North Texas Regional Job Fairwww.grapevinechamber.org
- Oct 31 Halloween



Centered in Care
Powered by Pride

Locations In Northeast Tarrant County

Health Clinics

Gertrude Tarpley JPS Health Center .. 817-514-5036
6601 Watauga Road, Watauga 76148

JPS Medical Home Northeast Tarrant 817-702-1100
3200 W. Euless Boulevard, Euless 76040

School-Based Clinics

Birdville 817-547-3046
8200 O'Brian Way, N. Richland Hills 76180

Birdville 817-759-2035
2807 Layton Avenue, Haltom City 76117

Grapevine/Colleyville 817-251-5751
3050 Timberline Drive, Grapevine 76051

HEB 817- 399-3500
3115 W. Pipeline Road #B, Euless TX 76040

Georgia Kidwell - HEB 817-399-3366
3115 W. Pipeline Road #D, Euless TX 76040

For a complete list of Health Clinics and
School-Based Clinics log onto:
www.jpshealthnet.org

COUNTY HOLIDAY CLOSINGS

Nov 28 & 29 Thanksgiving Holiday

Dec 24 & 25 Christmas Holiday

Commissioner's Office Precinct 3

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sdlong@tarrantcounty.com

Northeast Courthouse
645 Grapevine Highway, Suite 200
Hurst, Texas 76054
817-581-3600
Fax: 817-581-3603

REMEMBER SEPTEMBER 11, 2001
PATRIOT DAY

