

## Birth—1 year

—Child is learning to trust or mistrust and needs consistency of care.

—may cry, fuss; have difficulty feeding or at bedtime, including interrupted sleep patterns; general irritability after changing from one house to the other.

## 1-3 years

—Child is exploring the environment, using new skills, and learning independence and needs a predictable schedule and environment.

—may regress from developmental accomplishments; cling & whine following exchanges; have bedwetting or other accidents; act out or throw temper tantrums.

## 3-5 years

—Child is modeling and developing identity and needs family and security.

—may have bedwetting or accidents; sleep difficulties; peer problems; increased sibling rivalry; greater need for attention

## 6-12 years

—Child is a pre-teen and needs to develop self-reliance and a positive self image.

—may have a lack of interest; extreme behaviors in compliance or defiance; peer problems; drop in grades; forgetfulness or depression

## 13-18 years

—Child is an adolescent and needs socialization.

—may have sulkiness, depression, poor or failing grades, changes in friends and outside interests, and distance self from family.

