Northeast



Newsletter

Tarrant County - Precinct 3

Commissioner Gary Fickes

November 2017

COMMISSIONER'S CORNER



We have a lot going on in Precinct 3, but please allow me to start with something that occurred just this past Sunday. I ask you to join me in keeping the families and victims of the shooting in

Sutherland Springs in your thoughts and prayers. This terrible tragedy is bringing that small community even closer together, just as situations such as this bring us together as Texans.

Little over a month ago, we wrapped-up our 9th Annual Empowering Seniors event which was held on Friday, October 6th! Thank you to our sponsors, exhibitors, volunteers, healthcare professionals, workshop speakers and moderators, doctors/ providers, restaurants, entertainers, senior centers, chambers of commerce, and cities. We would also like to give a special thank you to First Euless for opening their doors and partnering with us again this year. You all helped us touch over 2,800 lives at Empowering Seniors 2017! Our attendees enjoyed visiting with our special guests, the Most Familiar Voice in Texas Horticulture, Neil Sperry, and Care N' Care member and iconic weatherman, Troy Dungan. Special thanks to Care N' Care Insurance Company, Inc. for helping our event as the presenting sponsor again this year! Visit www.empoweringseniors.com for a highlight of this year's event.

Since our last newsletter, Precinct 3 has celebrated two retirements for employees of our maintenance center. Brenda Hubbs, Secretary V, has served Tarrant County for over 19 years and Billy Blackman, Project Supervisor, has served 23 years! We wish them the best of luck as they embark on a new chapter of enjoying time with family and friends and various hobbies. Thank you for your service to the citizens of Tarrant County!

Tuesday, November 7 is Election Day. Since this is a Joint Election, there are seven amendments to the Texas State Constitution on all local ballots, as well as many local elections for various school districts and municipalities. View your sample ballot and find your polling place by visiting <u>www.tarrantcounty.com/</u> <u>elections.</u>

Join us <u>this Friday</u>, November 10th for Coffee with the Commissioner at the Northeast Courthouse from 7:30 a.m. to 9:00 a.m. in Suite 200. Note that we will also have a special holiday Coffee with the Commissioner <u>on Friday</u>, <u>December 8</u> at the Northeast Courthouse. We look forward to conversation with you and others from our community!

Veterans Day is this weekend (November 11) and is an opportunity for us to show our appreciation to the soldiers who served and protected our country via the United States Armed Forces. Visit the calendar page for information on Veterans Day events in our area. My office and I wish you all a Happy Thanksgiving!

Gary Fickes

Question of the Month

Question: Play Ball! With the 2017 World Series just ending, the Houston Astros and the Los Angeles Dodgers played a remarkable and exciting Series. Congratulations to the Houston Astros! Now, go back 52 years ago when the Houston Astrodome opened in April of 1965. The Astrodome was known as the "Eighth Wonder of the World"! The first multi-purpose dome stadium in the world. It was truly an amazing structure.

Who hit the first home run in the Astrodome in the first game ever played under the dome?

(Answer on page 5)

The Quote of the Month - "I was, for some years, a member of Congress. In my last canvass, I told the people of my District that, if they saw fit to re-elect me, I would serve them as faithfully as I had done, but, if not, they might go to *hell and I would go to Texas*. I was beaten, gentlemen, and here I am." —David Crockett

Volume 10, Issue 6

We'll see you Friday! COFFEE WITH THE COMMISSIONER

Friday, November 10, 2017

7:30 a.m. to 9:00 a.m.

Start your day with us!

Northeast Courthouse

645 Grapevine Hwy., Ste. 200 Hurst, Texas 76054



NOTE: A Special Holiday Coffee will be held on **Friday, December 8th**. See page 4 for details >>>

Inside this issue:

2
2
3
4
5
6
6
7
8
9
10
10



November 2017

Northeast Newsletter





Chandler Merritt

Chief of Staff Judge B. Glen Whitley

It has been great growing up in Tarrant County, and now I have the distinct pleasure of serving those with whom I grew up. I started working with Tarrant County just six short months ago, and what a great six months it has been. From working with many of the county's elected officials on a host of issues, to representing the County Judge out in the community, my new role offers a diverse and exciting set of challenges which I work through with our office staff on a daily basis.

I grew up in northwest Tarrant County in the City of Azle. With many summers of playing baseball and swimming in Eagle Mountain Lake, to many winters spent working the rodeo at Cowtown Coliseum, I think it is fair to say I grew up experiencing much of what Tarrant County had to offer. After finishing college at the University of Texas I worked for the Texas Rangers and the Dallas Stars for a number of years before entering the realm of public service. After four years in city government, I'm happy to be serving the county and its citizens.

Being away from the county for the past two years, my family and I are just now beginning to get involved in the community again. In the past, I had been an active member of several of the masonic bodies within the county, and I look forward to getting involved in these charitable and service-oriented organizations again soon. Outside of this, I am an avid fan of history, particularly that of the American Revolution and the Texas Revolution.

My amazing wife Nikki and I now have two kiddos, Maisie and Gage, and our two dogs, Polo and Gus, are all slowly getting settled in our new home not five minutes from the house I grew up in. It is good to be back home.

On a more personal note -

What do you do for fun? *Camp, hike, and golf with my family.*

Favorite Movie? "Ghostbusters"

Favorite Restaurant? Joe T. Garcia's

Favorite vacation spot? Cabo San Lucas, Mexico

Last book read? "Benjamin Franklin: An American Life" by Walter Isaacson

People would be surprised to know...

During my college years, I spent my summers on the road with Country Music Artist Toby Keith. I served in many different roles including as an audio technician, production assistant, and information technology guru. I had several nicknames including "Radio Shack" and "Harry Potter."

Tarrant County District Clerk's Office

The District Clerk is the Clerk of the State District Courts in Tarrant County. Court Clerks, by that name, have existed since the 13th century in England where much of the basis for American law was formed by English Common Law.

The Texas Constitution established the District Clerk as the official record keeper and subsequent statutes have mandated hundreds of other duties that must be performed by the Clerk including issuing arrest warrants, Civil, Family and Juvenile documents of various kinds, collection of all fines, fees and bonds emanating from district courts.

Tarrant County has 27 elected District

Judges and 15 appointed judges for a total of 42 Civil, Family, Felony Criminal and Juvenile courts.

The District Clerk serves as a business manager for these courts which is a costefficient business model. There are 4 Court buildings that house the District Clerk's offices and the District Courts (https://www.tarrantcounty.com/en/ district-clerk/locations.html).

Over 60, 000 cases were filed with the District Clerk last year with \$25,000,000 in investments administered by the District Clerk for the Registry of the Court which contains 7000+ cases. The District Clerk collects over \$8,000,000 more in court costs and fines which are sent to the county and state.

The District Clerk has 140 full-time and 25 part-time employees with a 10.8 million dollar budget for FY2018. The office has received 3 statewide awards for cost-efficient management and is an essential part of the justice system.

The office has court records dating back to 1879 when a courthouse fire destroyed older records. Records are available to the public through a subscriber access, e-mail request and free public access terminals located in downtown Fort Worth at the Family Law Center, Tim Curry Criminal Justice Center, and the Tom Vandergriff Civil Courts Building.

> Article courtesy of Tom Wilder, Tarrant County District Clerk



Family Law Center 200 E. Weatherford, Third Floor Fort Worth, TX 76196 817-884-1265

- Family/Civil Disposed Records
- <u>Court Document Lookup</u>
- <u>Criminal Background Checks</u>



Tom Vandergriff Civil Courts Building 100 N. Calhoun, Second Floor Fort Worth, TX 76196 817-884-1240

- <u>Court Document Lookup</u>
- <u>Court Document Lookup</u>
 - Felony Case Payments

Tim Curry Criminal Justice Center

401 W. Belknap, Third Floor

Fort Worth, TX 76196

817-884-1342

Criminal Background Checks



Scott D. Moore Juvenile Justice Center 2701 Kimbo Rd. Fort Worth, Texas 76111 817-838-4645



It takes a lot of people to make Empowering Seniors a success! We thank each and every one of you for helping us touch over 2,800 lives at Empowering Seniors 2017!

Sponsors | Exhibitors | Volunteers | Healthcare Professionals | Workshop Speakers & Moderators Doctors/Providers | Restaurants | Entertainers | Senior Centers | Chambers of Commerce | Cities



Volume 10, Issue 6 | Page 4

One Campus for One Team

American Airlines 🔪

We are excited to share details about plans for our new campus in Fort Worth, Texas. The reimagined site, which will be named after American's retired Chairman and CEO Robert L. Crandall, will serve as home for the world's largest airline. Team members from around the globe will work and train on this campus.

The nearly 300-acre site is west of Highway 360 between Highway 183 and Trinity Boulevard. For those who aren't as familiar with it, the campus currently houses a number of facilities – American's Flight Academy, DFW Reservations Center, Robert W. Baker Integrated Operations Center, Training & Conference Center, and C.R. Smith Museum.

American's Flight Academy features 33 flight simulators with additional simulator space under construction. The Flight Academy also has five cabin evacuation trainers where flight attendants train for all aspects of safety and emergency procedures. The Robert W. Baker Integrated Operations Center, which opened in 2015, is the airline's nerve center where more than 1 million annual mainline flights are dispatched and monitored. And the newly renovated DFW Reservations Center is our largest call center, where team members interact with tens of thousands of customers every day to assist with flight reservations

Enjoy some

holiday chee

and rebookings. Every year, more than 75,000 American Airlines team members, including 15,000

pilots, 26,000 flight attendants and 13,000 customer service agents, visit the campus to attend training at the Flight Academy and Training & Conference Center. By consolidating teams currently working at other DFW-area facilities onto this new location, the leadership team and administrative staff will be better able to support our frontline teams.

Construction is underway on the new, five-building office complex at the south end of the campus just off Trinity Boulevard that will house the corporate support staff. The project is planned for completion during the summer of 2019. The Trinity complex will offer collaborative and open spaces that meet a variety of needs. Natural light, outdoor space, multiuse space, and small and large meeting and gathering spaces will abound.

The Trinity Buildings will be built on the same site as American's original Fort Worth Headquarters, which opened in 1983, and will reunite the leadership and support staff with the frontline team members who take great care of our customers every day. The new office complex is



expected to achieve LEED Gold certification from the U.S. Green Building Council.

In addition to the new 1.8 million-squarefoot office complex, the south side of the campus will eventually be home to a fitness and wellness center that will be available to all of American's team members. We will renovate additional facilities on the campus over the next five years.

American's lead partners on the Trinity project:

- Crescent Real Estate Holdings LLC developer
- Gensler interior design architect
- Kendall/Heaton Associates, Inc. architect of record
- Pelli Clarke Pelli Architects exterior design architect
- The Office of James Burnett landscape architect

CBRE acted as broker for the project. American has selected Austin Commercial as the general contractor for four of the Trinity buildings and Holder Construction for the fifth building.

The development of the Fort Worth campus is part of a larger project to renovate team member spaces around the system. Work is underway at many airports, maintenance bases and reservations centers to paint walls, replace damaged floors and ceilings, and improve lighting in crew rooms, break rooms, training areas, locker rooms and restrooms, as well as improve amenities for frontline team members. These amenities include new modern furniture, improved vending machines, new refrigerators, microwaves and work centers.

Article courtesy of American Airlines



Join us for a very special Christmas Coffee with the Commissioner on <u>FRIDAY, DECEMBER 8th</u> at the Northeast Courthouse in the Community Room!

645 Grapevine Hwy. Hurst, TX 76054



Front from left: Amy Nelson, Kristin McElroy, Keisha Leatherman, Michelle Cummings, Donald Fisher, Glenda Redeemer, Yvette Wingate, Ann Salyer-Caldwell, Vinny Taneja, Tarrant County Commissioner Roy Brooks.

Other Tarrant County Commissioner's present: Andy Nguyen, J.D. Johnson, and Gary Fickes.



Tarrant County Public Health has been awarded the 2017 Large Bronze Local Health Department of the Year Award!

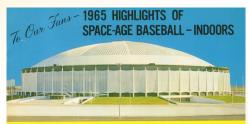
The National Association of County & City Health Officials (NACCHO) award honors the outstanding accomplishments of local health departments across the country for their innovation, creativity, and impact on communities. TCPH received the award based on their work to impact infant mortality rates in Tarrant County, especially for African Americans. The nationally accredited local health department worked internally to assure that leaders and program managers address infant mortality in all programs and initiatives. They are thankful for their partners: Infant Health Network, Tarrant County Medical Society, John Peter Smith Hospital, Cook Children's Hospital, Healthy Start, many nonprofit and community organizations, and a host of university students who helped enhance their work!

Question of the Month

Question: Play Ball! With the 2017 World Series just ending, the Houston Astros and the Los Angeles Dodgers played a remarkable and exciting Series. Congratulations to the Houston Astros! Now, go back 52 years ago when the Houston Astrodome opened in April of 1965. The Astrodome was known as the "Eighth Wonder of the World"! The first multi-purpose dome stadium in the world. It was truly an amazing structure.

Who hit the first home run in the Astrodome in the first game ever played under the dome?

Answer: Mickey Mantle, New York Yankees, April 9, 1965.



THE ASTROS FIRST YEAR IN THE ASTRODOME 50





Brenda Hubbs

I was there as a 15-year-old

High School Freshman - Gary Fickes



Billy Blackman



Pictured: Commissioner Gary Fickes and Brenda Hubbs We appreciate your dedication and service. You will both be missed!

Congratulations to two of Precinct 3 Mayfield Maintenance Center employees on their retirement; Brenda Hubbs, Secretary V, with over 19 Years of Service, and Billy Blackman, Project Supervisor, with over 23 Years of Service to Tarrant County.

Pictured: Commissioner Gary Fickes, Billy Blackman, and Richard Schiller, Director Precinct 3 Maintenance Center

Volume 10, Issue 6 | Page 6



With a vision of access to the arts for all, our mission is to provide artistic, cultural, and educational opportunities to improve the quality of life in our communities.

For over 39 years, Arts Council Northeast has worked as an integral partner with the 16 cities we serve, schools, businesses plus state and national organizations, to raise awareness that art, culture, and entertainment are vital to the economic well-being of our communities. We are committed to developing and implementing ways to encourage arts and education to the residents of North Tarrant and Southern Denton Counties.

Arts Council Northeast is actively seeking new board members who are interested in promoting the arts for 2018. We are also always looking for volunteers for our programs, special events and to help Emcee our MasterWorks' Concerts.

Since 1997, Arts Council Northeast has granted over \$665,000, with a match totaling over 1.5 million dollars from Texas Commission for the Arts, to individual artists and art projects in North Tarrant and Southern Denton Counties.

Arts Council Northeast, in conjunction with the cities we serve, has been presenting visual and performing arts concerts free and open to the public, featuring local, national, and international artists.

MasterWorks Concert Series



More than 7,585 students have attended our Summer Arts College with 2,974 scholarships over the past 23 years. This is a unique opportunity for children ages 6-16 to be a part of an imaginative, fun,

Veterans Day - An Historical Moment In Time

The Treaty of Versailles was signed on June 28, 1919, marking the official end of World War I. Nonetheless, the armistice date of November 11, 1918, remained in the public imagination as the date that marked the end of the conflict.

One year later, in November 1919, U.S. President Woodrow Wilson proclaimed November 11 as the first commemoration of Armistice Day. The day's observation included parades and public gatherings, as well as a brief pause in business and school activities at 11 a.m.

On November 11, 1921, an unidentified American soldier killed in the war was buried at Arlington National Cemetery near Washington, D.C. On the same day the previous year, unidentified soldiers were laid to rest at Westminster Abbey in London and at the Arc de Triomphe in Paris.

On June 4, 1926, Congress passed a resolution that the "recurring anniversary of [November 11, 1918] should be commemorated with thanksgiving and prayer and exercises designed to perpetuate peace through goodwill and mutual understanding between nations," and that the president should issue an annual proclamation calling for the observance of Armistice Day. By that time, 27 state legislatures had made November 11 a legal holiday. An act approved May 13, 1938 made November 11 a legal Federal holiday, "dedicated to the cause of world peace and to be hereafter celebrated and known as 'Armistice Day.""

In actuality, there are no U.S. national holidays because the states retain the right to designate their own, and the government can only designate holidays for federal employees and for the District of Columbia. In practice, however, states almost always follow the federal lead.

From Armistice Day to Veterans Day American effort during World War II saw the greatest mobilization of the U.S. Army, Navy, Marines and Air Force in the nation's history (more than 16 million people); some 5.7 million more served in the Korean War.

In 1954, after lobbying efforts by veterans' service organizations, the 83rd U.S. Congress amended the 1938 act that had made Armistice Day a holiday, striking the word "Armistice" in favor of "Veterans." President Dwight D. Eisenhower signed the legislation on June 1, 1954. From then on, November 11 became a day to honor American veterans of all wars.



week-long cultural experience that opens up children's minds and worlds, offering them skills they need for a bright future.

Arts Council Northeast hosts three annual fundraising events –

Taste of Northeast on Thursday, November 9, 2017 at the Hurst Conference Center, Triple Crown Affair at Lone Star Park – on Saturday, May 5, 2018, and Shining Stars on Friday, September 21, 2018 at the Hurst Conference Center. Proceeds benefit our programs, allowing us to continue to make the arts accessible to all. Ticket and/or sponsorship details are on our website or call 817-283-3406.

More information on our organization and programs can be found on our website: <u>www.artscouncilnortheast.org.</u>

> Article courtesy of Lee Koch, MA—CFRE, President Arts Council Northeast

The next development in the story of Veterans Day unfolded in 1968, when Congress passed the Uniform Holidays Bill, which sought to ensure three-day weekends for federal employees—and encourage tourism and travel—by celebrating four national holidays (Washington's Birthday, Memorial Day, Veterans Day and Columbus Day) on Mondays.

The observation of Veterans Day was set as the fourth Monday in October. The first Veterans Day under the new law was Monday, October 25, 1971; confusion ensued, as many states disapproved of this change, and continued to observe the holiday on its original date.

In 1975, after it became evident that the actual date of Veterans Day carried historical and patriotic significance to many Americans, President Gerald Ford signed a new law returning the observation of Veterans Day to November 11th beginning in 1978. If November 11 falls on a Saturday or Sunday, the federal government observes the holiday on the previous Friday or following Monday, respectively.

In the United States, an official wreathlaying ceremony is held each Veterans Day at the Tomb of the Unknown Soldier in Arlington National Cemetery, while parades and other celebrations are held in states around the country.

Volume 10, Issue 6 | Page 7

Precinct 3 Maintenance Center News November 2017



Over the past several months our crews have been very busy completing both County and Interlocal projects for many of our cities. This summer, we completed full depth reclaimation projects (total roadway rehabilitation) on three segments of Harmon Road in Fort Worth, Deaver Drive in North Richland Hills, Golden Heights Road in Fort Worth, Pearson Lane and Willis Lane in Keller, Dove Road in Westlake and Southlake. Chapman Road in Watauga, John McCain Road in Colleyville, two segments of Wagley Robertson Road in Fort Worth, and stabilization projects on Peytonville Avenue and Randol Mill Road in Southlake. In FY 2017 (October 2016 – September 2017), we rehabilitated and /or resurfaced a total of 29 roadway projects for 12 different cities in Precinct 3.

There was plenty of work completed on county roadways as well this summer. In addition to completing the safety improvement project on Willow Springs Road north of Avondale Haslet Road (widening and pavement rehabilitation), we resurfaced nine streets in the Idlewood Subdivision and six streets in the Avondale Ranch Subdivision. Additionally, we rehabilitated segments of Blue Mound Road, Hicks Avondale School Road, Golden Heights Road and Harmon Road. Other county roadways received localized base repairs and spot seal preventative maintenance treatments to protect and extend the life of the existing pavement. We closed out the fiscal year completing 21 county road projects and achieving all our maintenance objectives we had planned. Overall, FY 2017 was another very successful and busy year.

Work is already well underway in FY 2018. To date, we have repaired and resurfaced twelve streets in the Highlands at Willow Springs Subdivision and five streets in the Highland Springs West Subdivision. We have completed rehabilitation projects on South Pipeline Road and another segment of Wagley Robertson Road in Fort Worth and an asphalt overlay project on Bedford Road in Colleyville. We are preparing to start a rehabilitation project on Liberty Way in North Richland Hills in mid-November. Overall, we have 33 Interlocal roadway projects we are estimating cost, preparing agreements and scheduling construction located throughout 11 cities within Precinct 3 for construction in FY 2018.

Quality workmanship, timely construction, and the prudent spending of taxpayer's money are some of our most important values we strive to excel in whether we are providing services on our county roadways or when we are partnering on projects with our cities. However, no value is more important than safety – for both our employees and the traveling public. We continuously train, discuss and emphasize safety. On October 27th, we held our annual Truck "Roadeo". For this event our equipment operators practice maneuvering dump trucks through several obstacle courses that mimic driving and construction situations to further develop and improve their driving, backing and communication skills. The event concludes with a competition for top driver, awards, and lunch.

As always, your safety and the safety of our crews are of the utmost importance. When encountering any type of roadway construction or maintenance, please be patient, drive slowly through the construction area, and be keenly aware of the equipment and personnel working to make improvements for you.

> Article courtesy of Richard Schiller, Director of Field Operations

Precinct 3 Truck "Roadeo"



Pictured: Judge B. Glen Whitley, Dwight Everett (3rd Place Winner), Commissioner Gary Fickes, James Mercado (2nd Place Winner), Tracy Farmer (1st Place Winner), Richard Schiller, Director Precinct 3 Maintenance Center.



November 2017

Northeast Newsletter

Volume 10, Issue 6 | Page 8

SENIOR NEWS

If you are like most people, you feel cold every now and then during the winter. What you may not know is that just being really cold can make you very sick. A big chill can turn into a dangerous problem before an older person even knows what's happening. Doctors call this serious problem hypothermia.

What Is Hypothermia? - Hypothermia is what happens when your body temperature gets very low. For an older person, a body temperature colder than 95°F can cause many health problems, such as a heart attack. kidney problems, liver damage, or worse.

Being outside in the cold, or even being in a very cold house, can lead to hypothermia. Try to stay away from cold places, and pay attention to how cold it is where you are. You can take steps to lower your chance of getting hypothermia.

Keep Warm Inside - Living in a cold house, apartment, or other building can cause hypothermia. Here are some tips for keeping warm while you're inside:

- Set your heat at 68°F or higher. To save on heating bills, close off rooms you are not using. Place a rolled towel in front of all doors.
- Make sure your house isn't losing heat through windows and doors.
- Dress warmly on cold days even if you are staying in the house. Throw a blanket over your legs. Wear socks and slippers.
- When you go to sleep, wear long underwear under your pajamas, and use extra covers. Wear a cap or hat.
- Make sure you eat enough food to keep up your weight. Body fat helps you to stay warm. Drink alcohol moderately, if at all. Alcoholic drinks can make you lose body heat.

• Ask family or friends to check on you during cold weather. If a power outage leaves you without heat, stay with a relative or friend. **Bundle Up on Windy, Cold Days**

A heavy wind can quickly lower your body temperature.

Here are some other tips:

- Dress for the weather if you have to go out on chilly, cold, or damp days.
- Wear loose layers of clothing.
- Put on a hat and scarf. Wear a waterproof coat or jacket if it's snowing. **Illness, Medicines, and Cold Weather**

Some illnesses may make it harder for your body to stay warm. Diabetes, thyroid problems, Parkinson's disease, memory loss, and arthritis are problems that can make it harder for older adults to stay warm. Talk with your doctor about your health problems and how to prevent hypothermia.

You may be tempted to warm your room with a space heater. But, some space heaters are fire hazards, and others can cause carbon monoxide poisoning. The Consumer Product Safety Commission has information on the use of space heaters. Read the following for more information: Reducing Fire Hazards for Portable Electric Heaters and Seven Highly Effective Portable Heater Safety Habits.

Taking some medicines and not being active also can affect body heat. These include medicines you get from your doctor and those you buy over-the-counter. Ask your doctor if the medicines you take may affect body heat.

What Are the Warning Signs of Hypothermia?

Sometimes it is hard to tell if a person has hypothermia. Look for clues. Is the house very cold? Is the person not dressed for cold weather? Is the person speaking slower than normal and having trouble keeping his or her balance?

Watch for the signs of hypothermia in yourself, too. You might become confused if your body temperature gets very low. Talk to your family and friends about the warning signs so they can look out for you.

Early signs of hypothermia:

- Cold feet and hands
- Puffy or swollen face
- Pale skin
- Shivering (in some cases the person with hypothermia does not shiver)
- · Slower than normal speech or slurring words
- Acting sleepy
- · Being angry or confused

Later signs of hypothermia:

- Moving slowly, trouble walking, or being clumsy
- Stiff and jerky arm or leg movements
- Slow heartbeat
- Slow, shallow breathing
- · Blacking out or losing consciousness

Call 911 right away if you think someone has warning signs of hypothermia.

What to do after you call 911:

- Try to move the person to a warmer place.
- Wrap the person in a warm blanket, towels, or coats-whatever is handy. Even your own body warmth will help. Lie close, but be gentle.
- Give the person something warm to drink, but avoid drinks with alcohol or caffeine, such as regular coffee.
- Do not rub the person's legs or arms.
- Do not try to warm the person in a bath.
- Do not use a heating pad.

Help for My Heating Bills?

If you are having a hard time paying your heating bills, there are some resources that might help. Contact the National Energy Assistance Referral service at 1-866-674-6327 (toll-free; TTY, 1-866-367-6228) or email energyassistance@ncat.org to get information about the Low Income Home Energy Assistance Program.

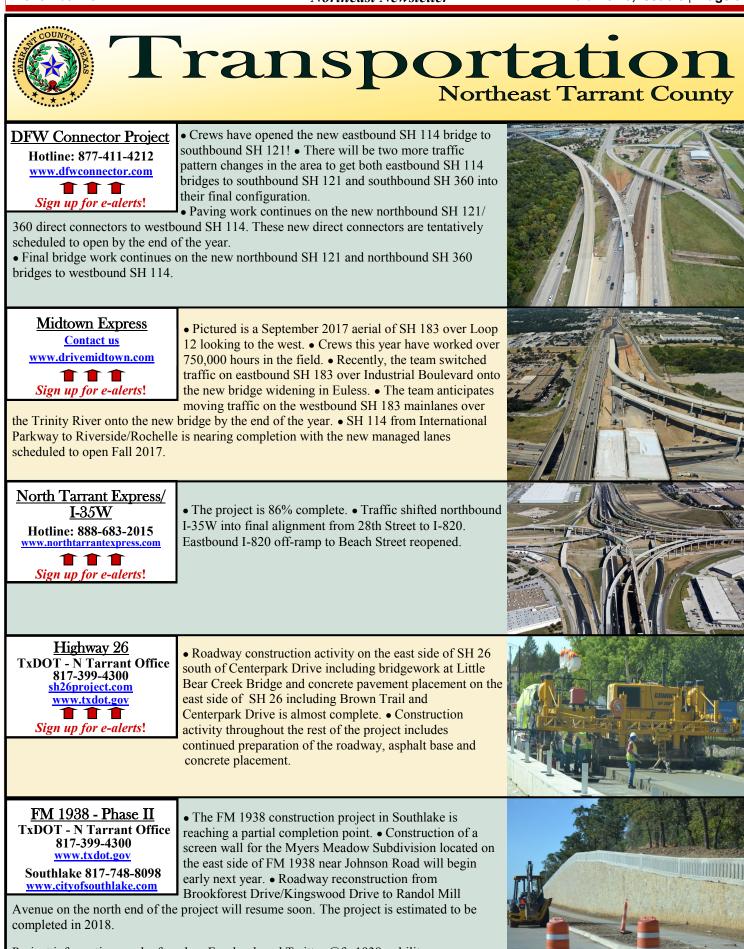
If your home doesn't have enough insulation, contact your state or local energy agency or the local power or gas company. They may be able to give you information about weatherizing your home. This can help keep heating bills down. These agencies and companies may also have special programs for people who have a limited income and qualify for help paying the heating bill. Your local Area Agency on Aging, senior center, or social service agency may have information on these programs. You can reach the Tarrant County Area Agency on Aging office at 817-258-8082.



November 2017

Northeast Newsletter

Volume 10, Issue 6 | Page 9



Project information can be found on Facebook and Twitter @fm1938mobility.

Calendar of Events

Nov 9 2017 Arts Council Taste of Northeast	-
Nov 9 Hiring Red, White & You! Job Fairwww. Nov 11 Veterans Day	
Nov 14 Annual Classic Chili Cook OffAny Are	
Nov 17 National Adoption Day	
Nov 18 Trophy Club Emergency Volunteer Chili Cook-Off	
Nov 23-24 Thanksgiving Holiday	
Nov 25 Small Business Saturday	<u>www.sba.gov</u>
Nov 28 Giving Day Tuesday	
Dec 1 6Stones Pulling for Hope	
Dec 2 6Stones Night of Hope	
Dec 3 Colleyville Woman's Club Holiday Home Tour	
Dec 9 SafeHaven Walk A Mile in Her Shoes	
Dec 25 Christmas.	
Jan 1 New Year's Day	



<u>www.nrhtx.com</u>
<u>www.tapsntunes.com</u>
<u>www.tarrantcountyveterans.org</u>
.www.grapevineveteransparade.org
<u>www.cityofkeller.com</u>
<u>www.richlandhills.com</u>
<u>www.haltomcitytx.com</u>
archant <u>www.marchant.house.gov</u>



CHRISTMAS EVENTS

Nov 18 Southlake's Home for the Holidays <u>www.visitsouthlaketexas.com</u>
Nov 18 Sundance Square Annual Christmas Tree Lightingwww.fortworth.com
Nov 19 Fort Worth Parade of Lights
Nov 20 Grapevine's Carol of Lights/Annual Tree Lightingwww.gograpevine.com
Nov 28 Hurst's Christmas Tree Lighting
Nov 30 Westlake's Annual Community Tree Lightingwww.westlake-tx.org
Dec 1 Holly Days - Christmas At Keller Town Centerwww.cityofkeller.com
Dec 1 NRH Holiday Magic Tree Lighting & Family Festivalwww.nrhtx.com
Dec 1 Colleyville's Christmas Tree Lighting Celebrationwww.colleyville.com
Dec 1 Richland Hill's Christmas Tree Lightingthelinkrec.com/programs
Dec 2 Bedford's Christmas Tree Lighting & CuteFest <u>www.bedfordtx.gov</u>
Dec 2 Colleyville Lions Club - Breakfast with Santa <u>www.colleyvillelions.com</u>
Dec 2 Breakfast with Santa <u>www.visitsouthlaketexas.com</u>
Dec 2 NRH Run Run Rudolph <u>www.raceroster.com</u>
Dec 2 Roanoke's Old-Fashioned Downtown Christmas Event <u>www.roanoketexas.com</u>
Dec 2 Grapevine Chamber Elves on the Run <u>www.grapevinechamber.org</u>
Dec 2 Haslet's Christmas in the Park 2017www.haslet.org
Dec 2 Euless' Christmas Parade of Lightswww.eulesstx.gov
Dec 2 Watauga's Christmas Celebration & Tree Lighting <u>www.ci.watauga.tx.us</u>
Dec 2 Trophy Club's Christmas In The Park <u>www.trophyclub.com</u>
Dec 2 Christmas in the Stockyards
Dec 2 Haltom City's Christmas on Broadway <u>www.haltomcitytx.com</u>
Dec 7 Grapevine's Parade of Lights <u>www.grapevinechamber.org</u>
Dec 10 Snowball Express Walk of Gratitude <u>www.stockyardsstation.com</u>

JPS Hospital Clinics in Northeast Tarrant County

Health Clinics

- Gertrude Tarpley JPS Health Center .. 817-514-5036 6601 Watauga Road, Watauga 76148
- JPS Health Center Northeast 817-920-6400 837 Brown Trail, Bedford 76022

School-Based Clinics

Georgia Kidwell - HEB 817-399-3366 3115 W. Pipeline Road #D, Euless TX 76040

For a complete list of Health Clinics and School–Based Clinics log onto: <u>www.jpshealthnet.org</u>

COUNTY HOLIDAY CLOSINGS

November 23 & 24 - Thanksgiving Holiday December 24 & 25 - Christmas Holiday January 1st - New Year's Day



Commissioner's Office Precinct 3

Gary Fickes, Commissioner gfickes@tarrantcounty.com

Rebecca Barksdale, Precinct Administrator <u>rbarksdale@tarrantcounty.com</u>

Devin Sanders, Community Outreach Coordinator <u>dwsanders@tarrantcounty.com</u>

Theresa Parsons, Assistant Precinct Administrator <u>tcparsons@tarrantcounty.com</u>

Freida Landerholm, Office Administrator <u>fmlanderholm@tarrantcounty.com</u>

Northeast Courthouse 645 Grapevine Highway, Suite 200 Hurst, Texas 76054 817-581-3600