

WOKSHOP SESSION 1

9:30 A.M. TO 10:10 A.M.

Room 2 Medicare 2017 Tips and Updates

*Jamie Harwell, MSW, Community Living Program Manager
Area Agency on Aging of Tarrant County*

An educational presentation on recent and upcoming Medicare changes. Learn how healthcare reform will affect Medicare beneficiaries. What you need to know about Medicare basics, how you can sign up, and what resources are available to learn more about Medicare.

Room 3 Elder Fraud - What is it? Who are the victims? Who are the suspects? What now?

*Lori Varnell, Chief of Elder Financial Fraud Unit
Tarrant County Assistant District Attorney*

This session will address how to recognize signs of financial exploitation, such as investment fraud, home repair fraud, sweetheart swindles, and more. A brief question and answer session will follow.

WOKSHOP SESSION 2

10:30 A.M. TO 11:10 A.M.



Room 2 The Clinical Rationale for Proton Therapy

*Dr. Andrew K. Lee, Radiation Oncologist
Texas Center for Proton Therapy*

Proton therapy is a specialized form of radiation therapy that has been used to treat cancer patients for several decades. However, the last 10 years have seen significant improvements, utilization and growth in this therapeutic technology.

This presentation will discuss the physical properties of protons and how it differs from more conventional x-ray therapy. We will also discuss its role in treating cancer and how it may improve outcomes while decreasing side effects.

Room 3 Getting the Most out of Your Medicare Benefits



Thom E. Vance, AdVance Senior Options, LLC

Discussion will include some key dates coming up - October 13th, COLA and Part B announcement. The new income breaks for determining Medicare premiums, how to get the most out of your Medicare benefits and, if you are two years away from collecting Medicare benefits, the Dos and more importantly the Don'ts.

We will break it down, so it is easier to understand and not so confusing!

WORKSHOP SESSION 3

11:30 A.M. TO 12:10 P.M.

Room 2

Transportation: Have a Say in How You Get Around Town

Sheila Holbrook-White, MyRIDE-Tarrant Program Director and Russell Schaffner, Tarrant County's Mobility Coordinator

Connecting to family and friends, shopping, attending worship services, volunteering opportunities, accessing health care, in your community is an essential element of a meaningful, active life.

This interactive workshop will engage participants in designing transportation services through which older adults, their families, and their friends can safely, affordably, and conveniently access and contribute to the county in which they live.

FIRST  EULESS

Room 3

Learning and Sharing Your Family History: It Starts with "I Remember"

Sandra Crowley, First Euleless Administrative Office

Many people have memories of their parents and grandparents to pass down to future generations, but writing the story can be time-consuming and daunting. Learn how to get started learning your family's history and how to make it easier for you and those around you to share your stories.

WORKSHOP SESSION 4

12:30 P.M. TO 1:10 P.M.

Room 2

Take a Stand to Prevent Falls

*Christina Bartha, M.S., Director of Programs
Sixty & Better*

Older adults and caregivers will learn about fall risks and hazards, ways to prevent falls, and the benefits of A Matter of Balance – an evidence-based program for older adults who are concerned about falls. Audience will have the opportunity to observe or participate in A Matter of Balance exercises.

Room 3

Social Media: Fun Zone for Seniors and Baby Boomers

Craig Backus is the "Head Nerd" at DRKM Strategies

Learn how adults 50 and better are connecting with friends on Facebook, Twitter, Pinterest, Instagram and so many more social media sites. Seniors are the fastest-growing market of social media and Craig Backus will show you how to engage, even if you have minimal experience in social media.

ASK THE DOCTOR WORKSHOP

Ask The Doctor/ Provider



Room 1

Ask the Doctor/Provider Panel

3 Sessions at:

9:30 a.m. to 10:30 a.m.
11:00 a.m. to 12:00 p.m.
12:30 p.m. to 1:30 p.m.

A panel of physicians and providers address your questions covering specialties in:

**Oncology
Cardiology
Neurology
Family Medicine
Pharmaceutical
and many more...**

The “Ask the Doctor/Provider” workshop room is located in the Green Expo Area in Workshop Room 1. Once you enter the room, take a question card to write any questions you may have. Please raise your hand and a staff member will pick up your question card for the session.

A special thank you to our doctors and providers from the hospitals below for providing this workshop for our caregivers, boomers and seniors. We would also like to thank Vinny Taneja, Director of Public Health, for serving as moderator today. What a great service to the community!

