HEALTH SCREENINGS

| BLOOD GLUCOSE TESTING UNT Health Science Center | 27-28 |
|--|-------|
| BONE DENSITY North Hills Hospital | 94-95 |
| CHOLESTEROL Baylor Regional Medical Center at Grapevine | 43-44 |
| HEART AND STROKE AWARENESS Texas Health Harris Methodist Hospital H-E-B | 86-87 |
| ORAL HEALTH & JPS CONNECTION JPS Health Network | 96-97 |
| VEIN SCREENING Vascular Medicine Institutes | 119 |

Don't let the flu bug get you...



Symptoms of the flu—which usually come on suddenly—include fever, cough, sore throat, nasal congestion, headache, body aches and extreme fatigue.

- \Rightarrow Get a flu shot.
- \Rightarrow Keep your hands clean. Germs get into your body by riding on your hands.
- \Rightarrow Cover your nose and mouth when sneezing.
- $\Rightarrow~$ Avoid touching your eyes, nose or mouth if you are not able to wash your

ADDITIONAL SERVICES

Flu Shots

Kroger 46 MidCities Pharmacy 107 Super Value Pharmacy 93

<u>Pneumonia</u>

Kroger 46 MidCities Pharmacy 107

Shingles Shots

Kroger 46

Whooping Cough

Kroger 46

JIAL SLIVICLS

Eye Glass Donation

District 2E2 Lions Club62

Medication Disposal

Super Value Pharmacy (Outside at entrance)

AARP Shred Truck

AARP (Near entrance in parking area)